



Immunizations, School Physicals, and Medications at School

Please read carefully and respond appropriately

Freshmen:

- ❖ All freshmen must submit a recently completed physical examination form with immunization record attached **by the first day of school**. This physical exam will also meet the sports physical requirement for student athletics. **Parents/Guardians must complete and sign the medical history portion of the health examination form.**
- ❖ All freshmen must submit proof of a recent dental exam. Proof of a freshman dental exam can be dated November 15, 2019 to today's date. Due to Covid-19, the state states: 18 months prior to May 15, 2021.

Sophomores and Juniors:

- ❖ All students planning to participate in school athletic teams must submit a completed *sports physical document* in order to participate. **These forms are required annually.** Parent/Guardian must complete and sign the health history portion of this form.
- ❖ If your immunizations have been up-to-date, no new immunizations are required by the State of Illinois in order to attend school.

Seniors:

- ❖ All students planning to participate in school athletic teams must submit a completed *sports physical document* in order to participate. **These forms are required annually.** Parent/Guardian must complete and sign the health history portion of this form.
- ❖ All seniors must submit proof of having received *two meningococcal vaccines*. Those who received their first vaccine on or after their 16th birthday only require one.

Any Student New to Illinois Schools:

- ❖ All new students shall submit a completed *physical exam* form with *immunization record* attached by the first day of school. This form meets the requirement for sports physicals also.
- ❖ Students must also provide proof of an *eye examination* by a licensed eye doctor performed within the last calendar year.

Parents/Guardians who do NOT want their children to receive immunizations due to religious beliefs must submit a completed *Illinois Certificate of Religious Exemption form* (available from the school or on the school website under school nurse) signed by their child's health care provider. If there is a medical exemption to any immunization, a physician must submit this in writing as well.

Failure to provide required physical exam and immunization information will mean exclusion from school until such information is provided, under provisions of Illinois State Law, section 27-8.1

Taking Medications at School:

If this applies to your student, please read the NCHS Medication Policy. Submit the *Authorization and Permission for Administration of Medication & Physician Request for Self-Administration of Medication* form.

If your child needs to take medication of any kind or may need to take an over-the-counter medication during the school day, please complete the above form and bring it to school **with the appropriate medication, in its original bottle**. This form requires a doctor's signature for both prescription and over-the-counter medication. If we do not have a doctor's signature or medication from you for your child, we will not give medication to your child. You are welcome to come to the school to provide appropriate medication for your child.

Immunizations Required by the State of Illinois

1. **ALL** 12th grade students must submit proof of having received two meningococcal vaccines (in month/day/year format). Those who received their first vaccine on or after their 16th birthday only require one.
2. **ALL** students must have one dose (in month/day/year format) of the T-dap, tetanus, diphtheria, and pertussis (whooping cough). *Most students may have already received the vaccine and simply need to provide the school with verifying documentation from the family health care provider.*
3. **ALL** students must have two dates (in month/day/year format) of the measles, mumps, and rubella immunizations. *Most students may have already received the vaccine and simply need to provide the school with verifying documentation from the family health care provider.*
4. All 9th, 10th, and 11th grade students need two dates (in month/day/year format) for your varicella immunizations; this is the chicken pox immunization. A signed note from a health care provider must be submitted if your child has had chicken pox in the past.
5. At least three dates (in month/day/year format) for your polio immunizations. The last one being on or after your 4th birthday.
6. At least four dates (in month/day/year format) for your DPT or DT immunizations. The last one being on or after your 4th birthday.
7. Three dates for your Hepatitis B immunization (in month/day/year format),

If a parent/legal guardian wishes for their child NOT to receive immunizations due to religious beliefs, they must complete the Illinois Certificate of Religious Exemption form, which requires the signature of their child's health care provider. If there is a medical exemption to any immunization, a physician must submit this in writing as well.

It is important that the medical history section of the physical form be filled out by the parent/guardian and signed by the parent/guardian as well as the physician.

Failure to provide this information will mean exclusion from school until such information is provided under provisions of Illinois State Law, section 27-8.1. The Kendall County Health Department provides vaccines by appointment at (630) 553-9100. The cost for vaccines is \$15.00.